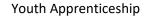
Nursing Assistant





NURSING ASSISTANT

Nursing assistants provide basic care and help patients with activities of daily living. In WI, youth apprentices must complete a nurse aid training program and pass the Certified Nursing Assistant (CNA) exam.

Length of Apprenticeship: One or two years

REQUIRED COMPETENCIES

Youth apprentices must become proficient in both general employability and occupation-specific competencies. All of these, and examples of how each can be demonstrated, are found in the following pages. **Year 1**: All 10 required competencies plus 8 of the additional competencies. **Year 2**: All 10 required competencies plus 16 of the additional competencies. Youth apprentices must be evaluated on these competencies at least two times each year of their apprenticeship.

Required Competencies	Additional Competencies		
Use standard precautions and infection	Measure blood pressure		
prevention controls	2. Measure weight and/or height		
2. Change unoccupied bed linens	3. Transport client		
3. Follow care plan	4. Assist to transfer client		
4. Report client changes	5. Aid client with bathing or showering		
5. Prepare client for service	6. Aid client with eating and hydration		
6. Position client	7. Aid client with oral hygiene		
7. Ambulate client	8. Aid client with grooming — dress and		
8. Measure temperature, pulse, and respiration	undress		
9. Provide client comfort measures	9. Aid client with grooming — shaving		
10. Assist client with toileting	10. Aid client with grooming — hair care		
	11. Aid client with grooming — nail care		
	12. Maintain inventory of supplies and/or		
	equipment		
	13. Care for clients with a urinary catheter		
	14. Manage client appointments		
	15. Measure pulse oximetry		
	16. Measure blood sugar		
	17. Instruct clients in collection of specimens		
	18. Provide client skin care		
	19. Apply non-prescription topical medications		
	20. Serve food		
	21. Provide ostomy care		
	22. Give bed bath		
	23. Apply TED (anti-embolism) stockings and/or		
	tubi-grips		
	24. Assist with care of client with dementia		

Required Competencies	Additional Competencies		
	25. Use isolation techniques		
	26. Perform choking maneuver (simulated)		
	27. Respond to emergency situations as a		
	Certified Nursing Assistant (CNA)		
	28. Assist with post-mortem care		
	29. Measure fluid intake and output		
	30. Make occupied bed		

REGISTERED APPRENTICESHIP BRIDGING OPPORTUNITIES

Some of the related instruction courses can bridge into the following registered apprenticeships:

- Caregiver
- Community Health Worker
- Medical Assistant

POST-SECONDARY PATHWAY OPPORTUNITIES

There are several post-secondary pathway opportunities in this area. The following is a partial list.

- Medical Assistant Technical Diploma
- Practical Nurse or Registered Nurse

WISCONSIN—YOUTH APPRENTICESHIP

Nursing Assistant

Youth Apprenticeship

ON-THE-JOB LEARNING PERFORMANCE STANDARDS GUIDE

YOUTH APPRENTICE INFORMATION

outh Apprentice Name	
'A Coordinator	
	ļ
'A Consortium	
	ļ
school District	

WORK REQUIREMENT

Students are required to earn CNA certification through a Wisconsin Department of Health Services (DHS) approved Certified Nursing Assistant (CNA) program with DHS approved instructors prior to starting their YA employment.

CNA Registry Number:

SIGNATURES

The On-the-Job Learning Performance Standards Guide includes a list of competencies youth apprentices learn through mentoring and training at the worksite.

Instructions for the Worksite Employers/Mentors and School-Based or YA coordinators: This document should be reviewed with the employer/mentor, school-based or YA coordinator on a regular basis with the youth apprentice to record progress and plan future steps to ensure completion of the required competencies. Mentors, school-based/YA coordinator, and the apprentice sign below.

Employer/Mentor

1st Evaluation (Required)	2 nd Evaluation (Required)
Employer/Mentor Signature	Employer/Mentor Signature
Employer/Mentor	Employer/Mentor
Business/Company	Business/Company
Date Signed	Date Signed

Employer/Mentor Evaluation

3rd Evaluation (Optional)

4th Evaluation (Optional)

	• • • •
Employer/Mentor Signature	Employer/Mentor Signature
Employer/Mentor	Employer/Mentor
Business/Company	Business/Company
Date Signed	Date Signed

School-Based and/or YA Coordinator

1st Evaluation (Required)

2nd Evaluation (Required)

School-Based and/or YA Coordinator Signature	School-Based and/or YA Coordinator Signature
School-Based and/or YA Coordinator	School-Based and/or YA Coordinator
School District or Organization	School District or Organization
Date Signed	Date Signed

3rd Evaluation (Optional)

4th Evaluation (Optional)

School-Based and/or YA Coordinator Signature	School-Based and/or YA Coordinator Signature
School-Based and/or YA Coordinator	School-Based and/or YA Coordinator
School District or Organization	School District or Organization
Date Signed	Date Signed

Youth Apprentice

1st Evaluation (Required)

2nd Evaluation (Required)

Youth Apprentice Signature	Youth Apprentice Signature
Youth Apprentice	Youth Apprentice
School District / High School	School District / High School
Date Signed	Date Signed

3rd Evaluation (Optional)

4th Evaluation (Optional)

Youth Apprentice Signature	Youth Apprentice Signature
Youth Apprentice	Youth Apprentice
School District / High School	School District / High School
Date Signed	Date Signed

EMPLOYABILITY SKILLS (TO BE COMPLETED BY YA EMPLOYER/MENTOR)

All youth apprentices must demonstrate the key employability skills listed below in order to complete the YA program. They do so by earning at least a "Meets Expectation" rating in each. **At least two evaluations are required each year of a youth apprenticeship.** More columns are included below for those who choose to conduct more frequent reviews.

1	Working to Meet Expectations: Needs improvement; requires much assistance and supervision;
	rarely displays this behavior
2	Meets Expectations: Meets entry-level criteria; requires some supervision; often displays this
	behavior
3	Exceeds Expectations: Exceeds entry-level criteria; requires minimal supervision; consistently
	displays this behavior

	Employability Skills		Ra	ting	
	Competency and Rating Criteria	Minim	num Ratir Check	ng of 2 fo Rating	r EACH
Co	mpetency and Rating Criteria	Initial	Mid Year 1	Mid Year 2	Final
1.	Develops positive work relationships with others. Examples of qualities and habits that the employee might exhibit include Interacts with others with respect and in a non-judgmental manner Responds to others in an appropriate and non-offensive manner Helps co-workers and peers accomplish tasks or goals Applies problem-solving strategies to improve relations with others When managing others, shows traits such as compassion, listening, coaching, team development, and appreciation	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	□ 1 □ 2 □ 3
2.	 Communicates effectively with others Examples of qualities and habits that the employee might exhibit include Adjusts the communication approach for the target audience, purpose, and situation to maximize impact Organizes messages/information in a logical and helpful manner Speaks clearly and writes legibly Models behaviors to show active listening Applies what was read to actual practice Asks appropriate questions for clarity 	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3
3.	 Collaborates with others Examples of qualities and habits that the employee might exhibit include Works effectively in teams with people of diverse backgrounds regardless of sex, race, ethnicity, nationality, sexuality, religion, political views, and abilities Shares responsibility for collaborative work and decision making Uses the problem-solving process to work through differences of opinion in a constructive manner to achieve a reasonable compromise Avoids contributing to an unproductive group conflict Shares information and carries out responsibilities in a timely manner 	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3

Employability Skills		Rat	ting	
Competency and Rating Criteria	Minimum Rating of 2 for EACH		r EACH	
Competency and Nating Criteria		Check	Rating	
Competency and Rating Criteria	Initial	Mid	Mid	Final
		Year 1	Year 2	
 4. Maintains composure under pressure Examples of qualities and habits that the employee might exhibit include Uses critical thinking to determine the best options or outcomes when faced with a challenging situation Carries out assigned duties while under pressure Acts in a respectful, professional, and non-offensive manner while under pressure Applies stress management techniques to cope under pressure 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3
 Demonstrates integrity Examples of qualities and habits that the employee might exhibit include Carries out responsibilities in an ethical, legal and confidential manner Responds to situations in a timely manner Takes personal responsibility to correct problems Models behaviors that demonstrate self-discipline, reliability, and dependability 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3
 6. Performs quality work Examples of qualities and habits that the employee might exhibit include Carries out written and verbal directions accurately Completes work efficiently and effectively Performs calculations accurately Conserves resources, supplies, and materials to minimize costs and environmental impact Uses equipment, technology, and work strategies to improve workflow Applies problem-solving strategies to improve productivity Adheres to worksite regulations and practices Maintains an organized work area 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3
 Provides quality goods or services (internal and external) Examples of qualities and habits that the employee might exhibit include Shows support for the organizational goals and principles by own personal actions Displays a respectful and professional image to customers Displays an enthusiastic attitude and desire to take care of customer needs Seeks out ways to increase customer satisfaction Produces goods to workplace specifications 	☐ 1	☐ 1	☐ 1	□ 1
	☐ 2	☐ 2	☐ 2	□ 2
	☐ 3	☐ 3	☐ 3	□ 3
 8. Shows initiative and self-direction	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3

Employability Skills Rating				
Competency and Rating Criteria	Minim		ng of 2 fo	r EACH
	Initial	Cneck Mid	Rating Mid	Final
Competency and Rating Criteria		Year 1	Year 2	
 9. Adapts to change Examples of qualities and habits that the employee might exhibit include Shows flexibility and willingness to learn new skills for various job roles Uses problem-solving and critical-thinking skills to cope with changing circumstances Modifies own work behavior based on feedback, unsatisfactory outcomes, efficiency, and effectiveness Displays a "can do" attitude 	☐ 1	☐ 1	☐ 1	□1
	☐ 2	☐ 2	☐ 2	□2
	☐ 3	☐ 3	☐ 3	□3
 10. Demonstrates safety and security regulations and practices Examples of qualities and habits that the employee might exhibit include Follows personal safety requirements Maintains a safe work environment Demonstrates professional role in an emergency Follows security procedures Maintains confidentiality 	☐ 1	□ 1	□ 1	□1
	☐ 2	□ 2	□ 2	□2
	☐ 3	□ 3	□ 3	□3
 11. Applies job-related technology, information, and media Examples of qualities and habits that the employee might exhibit include Applies technology effectively in the workplace Assesses and evaluates information on the job Assesses training manuals, website, and other media related to the job 	☐ 1	☐ 1	☐ 1	□1
	☐ 2	☐ 2	☐ 2	□2
	☐ 3	☐ 3	☐ 3	□3
 12. Fulfills training or certification requirements for employment Examples of this requirement may include Participation in required career-related training and/or educational programs Passing certification tests to qualify for licensure and/or certification Participation in company training or orientation 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3
 13. Sets personal goals for improvement	☐ 1	□1	□1	□1
	☐ 2	□2	□2	□2
	☐ 3	□3	□3	□3

YEAR 1 OCCUPATIONAL COMPETENCIES (TO BE COMPLETED BY YA EMPLOYER/MENTOR)

Youth apprentices must earn a rating of at least "MEETS EXPECTATIONS" in each competency by the conclusion of the apprenticeship. **Year 1**: All 10 required competencies plus eight of the additional competencies. **At least two evaluations are required each year of a youth apprenticeship.** More columns are included below for those who choose to conduct more frequent reviews.

1	Working to Meet Expectations: Needs improvement; requires much assistance and supervision;
	rarely displays this behavior
2	Meets Expectations: Meets entry-level criteria; requires some supervision; often displays this
	behavior
3	Exceeds Expectations: Exceeds entry-level criteria; requires minimal supervision; consistently
	displays this behavior

Occupational Competencies		Rati	ngs	
Competency and Rating Criteria	Year 1 Evaluation Minimum Rating of 2 for EACH Check Rating			EACH
	Initial	Mid Year 1	Mid Year 2	Final
 Use standard precautions and infection prevention controls put on and dispose of appropriate personal protective equipment properly perform hand hygiene handle needles and sharp devices safely to prevent injury clean and disinfect areas and equipment according to facility policy handle linens and all equipment to minimize the spread of infection follow isolation procedures when needed dispose of bio-hazardous materials safely 	□1	☐ 1	☐ 1	☐ 1
	□2	☐ 2	☐ 2	☐ 2
	□3	☐ 3	☐ 3	☐ 3
 Change unoccupied bed linens remove soiled linens avoid contact of own body and clothing with the soiled items being handled contain soiled items per facility policy handle clean linens to ensures their cleanliness make bed as required 	□1	☐ 1	☐ 1	☐ 1
	□2	☐ 2	☐ 2	☐ 2
	□3	☐ 3	☐ 3	☐ 3
 Follow care plan locate and review the nursing care plan for the client to be served implement active interventions and monitor interventions as required by worksite supervisor collect objective and subjective data if required report client changes to worksite professional document interventions as required 	□ 1	☐ 1	☐ 1	☐ 1
	□ 2	☐ 2	☐ 2	☐ 2
	□ 3	☐ 3	☐ 3	☐ 3

Occupational Competencies Ratings				
	,	Year 1 Ev	aluation	
	Minimu	_	of 2 for	EACH
Competency and Rating Criteria		Check I	Rating	
	Initial	Mid	Mid	Final
		Year 1	Year 2	
4. Report client changes	□ 1	□ 1	□ 1	□ 1
identify client change - positive or negative such as vital signs including	2	2	2	□ 2
weight, mobility, behavior/mental status, safety, appetite, or life	☐ 3	☐ 3	3	☐ 3
circumstances				
report changes to supervisor desument client changes as required.				
document client changes as required				
5. Prepare client for service	□ 1	□1	□ 1	□1
identify client		 □ 2		
introduce self	□ -	□ -		□ 2
provide privacy for the client				_
explain procedure to the client				
re-approach client and obtain assistance as needed				
report/record relevant observations				
6. Position client				
 secure assistance, if needed, before beginning to move and turn client 	∐ 1	∐ 1	∐1 □2	
 change client position on schedule or as needed for a procedure/care 	<u></u>	<u></u>	∐ 2	<u></u>
noting client safety and proper body mechanics	∐ 3	∐ 3	∐ 3	∐ 3
seek client input to determine their comfort with the position				
 report/record client condition, reactions, and position change if needed 				
make observations about condition of the skin				
ensure there are no skin-on-skin surfaces touching				
give skin care to potential or existing pressure areas				
7. Ambulate client				
ensure client is wearing proper footwear			∐1 □2	∐1 □2
secure assistance, if needed, before beginning to ambulate client	<u></u>	<u></u>	<u></u>	<u></u>
follow guidelines for ambulating the client noting client safety and	∐ 3	□ 3	∐ 3	∐ 3
proper body mechanics				
 assist to stand with assistive devices as needed 				
 assist with ambulation using a gait belt, walker, cane, or crutches 				
 encourage client to maintain good standing posture while ambulating 				
 remain alert to client condition and responses during ambulation 				
 report/record client condition, reactions, and ambulation as required 				
8. Measure temperature, pulse, and respiration		1	1	1
prepare the equipment for the procedure	∐1 		□ <u>1</u> □ 2	□ ¹ □ 2
 position client using proper body mechanics if necessary 				
 measure temperature, pulse, respirations, according to protocol 	□ 3	□ 3	∐ 3	<u> </u>
 report/record reading(s) and report abnormal readings immediately to 				
worksite professional				
care for equipment according to protocol				

Occupational Competencies	Ratings			
	,	Year 1 Ev	aluation	
	Minimu	Minimum Rating of 2 for EACH		
Competency and Rating Criteria		Check I	Rating	
	Initial	Mid	Mid	Final
		Year 1	Year 2	
9. Provide client comfort measures	□ 1	1	1	□ 1
 secure information from the client regarding the pain (location, 	2	2	2	□ 2
intensity, duration) using a pain scale	□3	□3	□3	Пз
 observe and recognize signs of unreported pain 				
 report type of pain, location, intensity, and duration 				
 provide comfort measure(s) to relieve pain as directed by worksite professional 				
 report/record comfort measure applied and client response as required 				
10. Assist client with toileting	<u> </u>	□ 1	□ 1	<u> </u>
 position client on bedpan, at urinal, and/or assist client to commode 	2	☐ 2	☐ 2	2
noting client safety and proper body mechanics		 3	 3	 3
 provide assistance as required by the client's condition 				
 provide perineal care after elimination is complete; wash moving front to back 				
 report/record relevant observations about client elimination 				
 clean and disinfect equipment 				
 dispose of contaminated articles as required 				
Comments:				

YEAR 2 OCCUPATIONAL COMPETENCIES (TO BE COMPLETED BY YA EMPLOYER/MENTOR)

Youth apprentices must earn a rating of at least "MEETS EXPECTATIONS" in each competency by the conclusion of the apprenticeship. Year 2: All 10 required competencies plus sixteen of the additional competencies. At least two evaluations are required each year of a youth apprenticeship. More columns are included below for those who choose to conduct more frequent reviews.

1	Working to Meet Expectations: Needs improvement; requires much assistance and supervision;
	rarely displays this behavior
2	Meets Expectations: Meets entry-level criteria; requires some supervision; often displays this
	behavior
3	Exceeds Expectations: Exceeds entry-level criteria; requires minimal supervision; consistently
	displays this behavior

	Occupational Competencies		Rati	ngs	
	Competency and Rating Criteria		Year 2 Evaluation Minimum Rating of 2 for EAC Check Rating		
		Initial	Mid Year 1	Mid Year 2	Final
1.	 Measure blood pressure prepare the equipment for the procedure position client using proper body mechanics if necessary take blood pressure report/record blood pressure reading(s) report abnormal readings immediately to worksite professional care for the sphygmomanometer and/or stethoscope 	□ 1 □ 2 □ 3	□1 □2 □3	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3
2.	 Measure weight and/or height prepare equipment for the procedure set scale to zero for weight position client using proper body mechanics measure weight and height according to protocol report/record weight and height reading(s) care for equipment according to protocol 	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3

	Occupational Competencies	nal Competencies Ratings			
			Year 2 Ev		54611
	Competency and Rating Criteria	iviinim	Minimum Rating of 2 for EACH Check Rating		
	,	Initial	Mid	Mid	Final
3. Trar	nsport client		Year 1	Year 2	
	secure assistance, if needed, before preparing client for transporting transport clients by wheelchair noting client safety and proper body mechanics follow department/facility guidelines for entering an elevator, corridor or ramp remain alert to client condition and responses during transport remain with client until other staff take over responsibility for the client report/record client condition, reactions, and transport as required	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 2 ☐ 3
•	ist to transfer client secure assistance, as necessary, before beginning transfer determine if lifting device is necessary to facilitate client transfer encourage client to participate in transfer procedure as appropriate follow transfer procedure noting client safety and proper body mechanics seek client input to determine their comfort during and after transfer assist to attach/secure any safety devices or monitors to client report/record client condition, reactions, and transfer	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3	☐ 1 ☐ 2 ☐ 3
•	client with bathing or showering check water temperature before bathing ask client to check water temperature assist in determining client's ability to take a bath or shower give or assist with tub, shower, sponge bathing noting client safety and proper body mechanics follow "clean-to-dirty" principle when assisting with the bath remain nearby and alert to client's condition and reactions report/record client condition, reactions, and bathing clean and disinfect equipment	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3	□ 1 □ 2 □ 3

Occupational Competencies		Rati	ngs	
Competency and Rating Criteria	Year 2 Evaluation Minimum Rating of 2 for EACH Check Rating			EACH
	Initial	Mid Year 1	Mid Year 2	Final
 Aid client with eating and hydration position client for the meal confirm the food is appropriate to a prescribed diet assist client with eating as needed following proper feeding protocol sit while assisting client assist with and/or clean client as needed report/record client eating patterns, fluid intake, problems and change as required 	□1	☐ 1	☐ 1	□1
	□2	☐ 2	☐ 2	□2
	□3	☐ 3	☐ 3	□3
 7. Aid client with oral hygiene gently clean tooth surfaces, tongue, gums, cheeks using gentle motions give or assist with specialized oral hygiene care care for dentures report/record client condition, reactions, and oral care clean and disinfect equipment dispose of contaminated articles 	□ 1	☐ 1	☐ 1	□1
	□ 2	☐ 2	☐ 2	□2
	□ 3	☐ 3	☐ 3	□3
 8. Aid client with grooming — dress and undress determine client's ability to assist with dressing/undressing determine whether agency gowns/robes or client's own clothing should be worn safeguard the clothing and other belongings of the client offer client choice of clothing dress/undress a client needing partial or total assistance ensure that the clothing worn by the client does not interfere with other procedures report/record client condition, reactions, and clothing change handle soiled laundry as required 	☐ 1	☐ 1	☐ 1	□1
	☐ 2	☐ 2	☐ 2	□2
	☐ 3	☐ 3	☐ 3	□3
 9. Aid client with grooming — shaving determine client's ability to assist with procedure assist with shaving report/record client skin condition, reactions, and shaving procedure clean and disinfect equipment dispose of contaminated articles 	□ 1	☐ 1	☐ 1	☐ 1
	□ 2	☐ 2	☐ 2	☐ 2
	□ 3	☐ 3	☐ 3	☐ 3

Occupational Competencies		Rati	ngs	
Competency and Rating Criteria	Year 2 Evaluation Minimum Rating of 2 for EACH Check Rating			EACH
	Initial	Mid Year 1	Mid Year 2	Final
 10. Aid client with grooming — hair care use client's personal care items and shampoos if preferred assist the client in shampooing hair style the client's hair meet the client's needs for comfort while giving hair care report/record client hair and scalp condition, reactions, and hair care clean and disinfect equipment dispose of contaminated articles 	□ 1	□ 1	□1	□1
	□ 2	□ 2	□2	□2
	□ 3	□ 3	□3	□3
 11. Aid client with grooming — nail care follow facility policy for trimming nails safely clip nails if order indicates report/record client nail, hand, foot condition, reactions, and nail, hand, foot care clean and disinfect equipment dispose of contaminated articles 	☐ 1	☐ 1	□ 1	☐ 1
	☐ 2	☐ 2	□ 2	☐ 2
	☐ 3	☐ 3	□ 3	☐ 3
 Maintain inventory of supplies and/or equipment follow procedure for inventory of supplies, equipment, and/or medications monitor minimum quantities (par level) report expired, discontinued, damaged, and/or missing supplies immediately to worksite professional straighten and clean shelves assist with removal and disposal of expired, damaged, and/or recalled items as required or directed store and stock items appropriately 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3
 13. Care for clients with a urinary catheter provide for client comfort cover collection bag change bags according to facility protocol clean the bag 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3

Occupational Competencies	Ratings			
		Year 2 Evaluation		
Competency and Rating Criteria	iviinim	Minimum Rating of 2 for EACH Check Rating		
	Initial	Mid	Mid	Final
14. Manage client appointments		Year 1	Year 2	
verify the required elements of the medical order, if applicable for	☐ 1 ☐ 2	∐ 1 □ 2	∐ 1 □ 2	□1 □2
 services ascertain the time required for the health service(s) required by the client 	□ 3	□ 3	□ 3	□3
 refer client to worksite professional or guidelines for priority 				
 scheduling to address emergencies and/or urgent care identify conflicts in schedule and those of the client's schedule 				
assist in recommending resolution to scheduling conflicts				
 confirm client and the department/facility have the identical appointment information 				
enter appointment times and other required information				
 prepare an appointment card if client is present 				
 document any scheduling changes in the correct locations 				
 document status of the appointment: late, no show, rescheduled, cancelled, etc. 				
15. Measure pulse oximetry	□ 1	1	□ 1	
prepare the equipment for the procedure	☐ 2		 ☐ 2	
 position client using proper body mechanics if necessary 		 3	 □3	 ☐ 3
apply pulse oximeter to thin part of client's body- ear lobe,		_		_
fingertip or across foot for infants				
connect oximeter to monitor if applicable report/record readings				
 report/record readings report abnormal readings immediately to worksite professional 				
16. Measure blood sugar	□ 1	1	1	□ 1
prepare the equipment for the procedure	☐ 2	□ 1 □ 2	□ 1 □ 2	
position client using proper body mechanics if necessary		□ ² □ 3	□ ²	□² □3
perform finger stick				
report/record readings				
report abnormal readings immediately to worksite professional				
17. Instruct clients in collection of specimens	□ 1	<u> </u>	□ 1	1
explain instructions for specimen collection in plain language	2	2	2	□ 2
respond to client questions accurately within scope of their job	☐ 3	☐ 3	□ 3	□3
role OR refer to worksite professional				
 collect specimen noting client safety and standard precautions label specimen accurately 				
complete documents for collecting specimen				

Occupational Competencies		Rati	ngs	
	,	Year 2 Ev	_	
Competency and Pating Cuitaria	Minim		g of 2 for	EACH
Competency and Rating Criteria		Check Rating Mid Mid		
	Initial	Year 1	Year 2	Final
18. Provide client skin care	□ 1	□ 1	□ 1	□ 1
 pay special attention to bony prominences and other areas subject to pressure ulcers 	□ 2	□ 2	□ 2	□ 2
 report/record any skin breaks or discolorations, reactions, and skin 	□ 3	3	3	□3
care				
 check working condition of equipment (i.e., air mattresses, tubes, bed alarms) 				
change linens and incontinence products as needed				
19. Apply non-prescription topical medications	□ 1	□ 1	□ 1	1
 confirm non-prescription topical application is on the medication administration record 	□ 2	□ 2	□ 2	□ 2
follow the "rights" for administering medication	□ 3	☐ 3	□ 3	☐ 3
 position client using proper body mechanics if necessary 				
apply topic medication as required				
 report/record the appearance of the skin and the 				
reaction/response of the client following the procedure				
store medication appropriately				
20. Serve food	□ 1	□ 1	□ 1	□ 1
consult the dietary plan for the client	□ 2	□ 2	□ 2	□ 2
 obtain order for meal from client or meal information from the diet plan including fluids 	□ 3	□ 3	□ 3	□3
place order for meal if designated				
assist to prepare meal if needed				
ensure meal is processed as appropriate for client ability				
(chopped, cut, pureed, etc.)				
plate meal items ordered by client or by dietary plan				
 deliver meal to client ensuring hot food remains hot and cold food remains cold 				
determine if assistance is needed for eating				
monitor food intake and records as required				
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Occupational Competencies	Ratings			
Competency and Rating Criteria	Year 2 Evaluation Minimum Rating of 2 for EACH Check Rating			
	Initial	Mid Year 1	Mid Year 2	Final
 21. Provide ostomy care remove pouch safely empty and measure the drainage if output is to be saved for a specimen clean the skin and stoma dry the area completely attach a new pouch or clean the reusable pouch according to manufacturer instructions report/record observations about ostomy system, stoma, and the characteristics of the discharge clean and disinfect equipment dispose of contaminated article 	□ 1	□ 1	□1	□1
	□ 2	□ 2	□2	□2
	□ 3	□ 3	□3	□3
 22. Give bed bath check water temperature before bathing have client check water temperature give bed bath noting client safety and proper body mechanics allow client to assist with bathing, as appropriate follow "clean-to-dirty" principle during bath make observations relative to client's condition and reactions report/record client condition, reactions, and bath clean and disinfect equipment 	☐ 1	☐ 1	□ 1	□ 1
	☐ 2	☐ 2	□ 2	□ 2
	☐ 3	☐ 3	□ 3	□ 3
 23. Apply TED (anti-embolism) stockings and/or tubi-grips turn stocking inside out place foot of sticking over toes, foot and heel pull top of stocking over foot, heel and leg pull stocking up leg gently avoiding force and over-extension of joints 	□ 1	☐ 1	□ 1	□ 1
	□ 2	☐ 2	□ 2	□ 2
	□ 3	☐ 3	□ 3	□ 3
 24. Assist with care of client with dementia obtain the client's attention before speaking address the client by name approach the client slowly from the front and at the same level use a calm, low pitched tone of voice speak clearly and distinctly; not rushing break task into clear, simple steps one at a time use non-verbal appropriately re-approach client as needed 	☐ 1	☐ 1	□ 1	□1
	☐ 2	☐ 2	□ 2	□2
	☐ 3	☐ 3	□ 3	□3

Occupational Competencies	Ratings			
Competency and Rating Criteria	Year 2 Evaluation Minimum Rating of 2 for EACH Check Rating			
	Initial	Mid Year 1	Mid Year 2	Final
 Use isolation techniques gather food, equipment, and supplies needed for giving care in the isolation unit put on gown, gloves and/or mask as required by the type of isolation used for this client transfer food, equipment, and supplies into the isolation unit provide care for the client according to guidelines noting Standard Precautions give client extra attention to help offset the client's feelings of abandonment transfer soiled linen, contaminated equipment, and trash out of the isolation unit as required and per Standard Precautions remove contaminated gown, gloves and/or gloves without contaminating self or clean areas 	□ 1	□ 1	□1	□1
	□ 2	□ 2	□2	□2
	□ 3	□ 3	□3	□3
 26. Perform choking maneuver (simulated) determine the choking situation based on simulated description of the person's symptoms OR on role play of choking by a peer identify the obstruction as partial or complete, matching symptoms to the simulated situation contact emergency care specialist or designates someone to get help perform choking maneuver for a simulated conscious person according to facility guidelines report and record incident 	☐ 1	☐ 1	☐ 1	☐ 1
	☐ 2	☐ 2	☐ 2	☐ 2
	☐ 3	☐ 3	☐ 3	☐ 3
 27. Respond to emergency situations as a Certified Nursing Assistant (CNA) identify the emergency situation contact emergency care or designate someone to get help give appropriate immediate care to the injured client apply principles of client safety, proper body mechanics, and standard precautions 	□ 1	□ 1	□ 1	□ 1
	□ 2	□ 2	□ 2	□ 2
	□ 3	□ 3	□ 3	□ 3

Occupational Competencies		Ratings		
	Year 2 Evaluation Minimum Rating of 2 for EACH			
Competency and Rating Criteria	Check Rating			
	Initial	Mid Year 1	Mid Year 2	Final
28. Assist with post-mortem care	□ 1	□1	1	□1
 care for body with respect and dignity, including the maintenance 	 2	 2	 □ 2	 2
of privacy	 ☐ 3	 ☐ 3	□-	□ 3
 clean and prepare body as required 				
 prepare the body for final viewing by the family 				
 demonstrate respect and understanding in dealing with the 				
grieving family				
 care for client's valuables and belongings 				
 remove used equipment, supplies, and linens from the client care 				
area				
29. Measure fluid intake and output	□ 1	□ 1	□ 1	□ 1
 measure input and output specimens as required 	□ 2	□ 2	□ 2	□ 2
 pour contents into measuring container without splashing 	_ 3	_ 3	_ 3	_ 3
 measure at eye level on flat surface 				
 calculate liquid measurements in cubic centimeters 				
 report/record intake and output 				
 clean and disinfect equipment and dispose of contaminated 				
articles as required				
30. Make occupied bed				
remove soiled linens	∐ 1	□ 1	∐ 1 □ 2	
 avoid contact of own body and clothing with the soiled items 	∐ 2	∐ 2	∐ 2	<u></u>
being handled	∐ 3	∐ 3	∐ 3	3
 contain soiled items per facility policy 				
 handle clean linens to ensure their cleanliness 				
 make an occupied bed as required noting client safety and proper 				
body mechanics				
303,				
Comments:				

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