Resident Aide

WISCONSIN—YOUTH APPRENTICESHIP

Youth Apprenticeship

RESIDENT AIDE

Resident Aides provide key caregiving activities to clients in a caregiving facility. In WI, youth apprentices working in a CBRF (Community Based Residential Facility) must complete the required WI DHS training but are not required to pass the CNA exam.

Length of Apprenticeship: One or two years

REQUIRED COMPETENCIES

Youth apprentices must become proficient in both general employability and occupation-specific competencies. All of these, and examples of how each can be demonstrated, are found in the following page. **Year 1**: All 10 required competencies plus eight of the additional competencies. **Year 2**: All 10 required competencies plus sixteen of the additional competencies. Youth apprentices must be evaluated on these competencies at least two times each year of their apprenticeship.

| Required Competencies | Additional Competencies | | | |
|--|---|--|--|--|
| Use standard precautions and infection | Measure blood pressure | | | |
| prevention controls | 2. Measure weight and/or height | | | |
| 2. Change unoccupied bed linens | 3. Transport client within facility | | | |
| 3. Follow Individual Service Plan (ISP) | 4. Assist to transfer client | | | |
| 4. Report client changes | 5. Aid client with bathing or showering | | | |
| 5. Prepare client for service | 6. Aid client with eating and hydration | | | |
| 6. Position client | 7. Aid client with oral hygiene | | | |
| 7. Ambulate client | 8. Aid client with grooming — dress and | | | |
| 8. Measure temperature, pulse, and respiration | undress | | | |
| 9. Provide client comfort measures | 9. Aid client with grooming — shaving | | | |
| 10. Assist client with toileting | 10. Aid client with grooming — hair care | | | |
| | 11. Aid client with grooming — nail care | | | |
| | 12. Maintain inventory of supplies and/or equipment | | | |
| | 13. Care for clients with a urinary catheter | | | |
| | 14. Manage client appointments | | | |
| | 15. Measure pulse oximetry | | | |
| | 16. Measure blood sugar | | | |
| | 17. Instruct clients in collection of specimens | | | |
| | 18. Provide client skin care | | | |
| | 19. Apply non-prescription topical medications | | | |
| | 20. Prepare and/or serve food | | | |
| | 21. Provide ostomy care | | | |
| | 22. Give bed bath | | | |
| | 23. Apply TED (anti-embolism) stockings and/or | | | |
| | tubi-grips | | | |
| | 24. Assist with care of client with dementia | | | |

| Required Competencies | Additional Competencies |
|-----------------------|---|
| | 25. Use isolation techniques |
| | 26. Apply first aid and choking emergency |
| | procedures (simulated) |
| | 27. Respond to emergency situations as a |
| | Resident Aide |
| | 28. Assist with post-mortem care |
| | 29. Practice safe medication storage and |
| | administration |
| | 30. Lead a client activity |
| | |

REGISTERED APPRENTICESHIP BRIDGING OPPORTUNITIES

The following Registered Apprenticeship is available in this area:

- Caregiver
- Community Health Worker
- Medical Assistant

POST-SECONDARY PATHWAY OPPORTUNITIES

There are several post-secondary pathway opportunities in this area. The following is a partial list.

- Medical Assistant Technical Diploma
- Human Services Associate Degree
- Substance Abuse Counselor Associate Degree
- Gerontology Associate Degree



YOUTH APPRENTICESHIP

Resident Aide

Youth Apprenticeship

ON-THE-JOB LEARNING PERFORMANCE STANDARDS GUIDE

YOUTH APPRENTICE INFORMATION

| Youth Apprentice Name | |
|-----------------------|--|
| | |
| YA Coordinator | |
| | |
| YA Consortium | |
| | |
| School District | |
| | |

WORK REQUIREMENTS

Community-Based Residential Facilities (CBRFs) are not required to have licensed practical nurses or registered nurses on the premises at all times. If CNAs or Resident Aides under the age of 18 are employed, they must work on site with another qualified caregiver. The under 18 staff members *may not work alone*. Additionally, **a facility waiver of the 18-year-old requirement must be requested** from the Division of Quality Assurance, DHS, for YA students who are placed in CBRFs. For more information OR to request a waiver, contact the Assisted Living Regional Director for the county in which your facility is located at dhs.wisconsin.gov/dqa/bal-regionalmap.htm

SIGNATURES

The On-the-Job Learning Performance Standards Guide includes a list of competencies youth apprentices learn through mentoring and training at the worksite.

Instructions for the Worksite Employers/Mentors and School-Based or YA coordinators: This document should be reviewed with the employer/mentor, school-based or YA coordinator on a regular basis with the youth apprentice to record progress and plan future steps to ensure completion of the required competencies. Mentors, school-based/YA coordinator, and the apprentice sign below.

Employer/Mentor

| 1 Evaluation (Nequired) | 2 Evaluation (Nequireu) |
|---------------------------|---------------------------|
| Employer/Mentor Signature | Employer/Mentor Signature |
| Employer/Mentor | Employer/Mentor |
| Business/Company | Business/Company |
| Date Signed | Date Signed |

1st Evaluation (Required)

2nd Evaluation (Required)

Employer/Mentor Evaluation

3rd Evaluation (Optional)

4th Evaluation (Optional)

| | • • • • |
|---------------------------|---------------------------|
| Employer/Mentor Signature | Employer/Mentor Signature |
| Employer/Mentor | Employer/Mentor |
| Business/Company | Business/Company |
| Date Signed | Date Signed |

School-Based and/or YA Coordinator

1st Evaluation (Required)

2nd Evaluation (Required)

| School-Based and/or YA Coordinator Signature | School-Based and/or YA Coordinator Signature |
|--|--|
| School-Based and/or YA Coordinator | School-Based and/or YA Coordinator |
| School District or Organization | School District or Organization |
| Date Signed | Date Signed |

3rd Evaluation (Optional)

4th Evaluation (Optional)

| School-Based and/or YA Coordinator Signature | School-Based and/or YA Coordinator Signature |
|--|--|
| School-Based and/or YA Coordinator | School-Based and/or YA Coordinator |
| School District or Organization | School District or Organization |
| Date Signed | Date Signed |

Youth Apprentice

1st Evaluation (Required)

2nd Evaluation (Required)

| Youth Apprentice Signature | Youth Apprentice Signature |
|-------------------------------|-------------------------------|
| Youth Apprentice | Youth Apprentice |
| School District / High School | School District / High School |
| Date Signed | Date Signed |

3rd Evaluation (Optional)

4th Evaluation (Optional)

| Youth Apprentice Signature | Youth Apprentice Signature |
|-------------------------------|-------------------------------|
| Youth Apprentice | Youth Apprentice |
| School District / High School | School District / High School |
| Date Signed | Date Signed |
| | |

EMPLOYABILITY SKILLS (TO BE COMPLETED BY YA EMPLOYER/MENTOR)

All youth apprentices must demonstrate the key employability skills listed below in order to complete the YA program. They do so by earning at least a "Meets Expectation" rating in each. At least two evaluations are required each year of a youth apprenticeship. More columns are included below for those who choose to conduct more frequent reviews.

| 1 | Working to Meet Expectations: Needs improvement; requires much assistance and supervision; |
|---|--|
| | rarely displays this behavior |
| 2 | Meets Expectations: Meets entry-level criteria; requires some supervision; often displays this |
| | behavior |
| 3 | Exceeds Expectations: Exceeds entry-level criteria; requires minimal supervision; consistently |
| | displays this behavior |

| Employability Skills | | Ra | ting | |
|--|---------|--------------------|----------------------|--------|
| Competency and Rating Criteria | Minim | num Ratir Check | ng of 2 fo Rating | r EACH |
| Competency and Rating Criteria | Initial | Mid Year 1 | Mid Year 2 | Final |
| Develops positive work relationships with others. Examples of qualities and habits that the employee might exhibit include Interacts with others with respect and in a non-judgmental manner Responds to others in an appropriate and non-offensive manner Helps co-workers and peers accomplish tasks or goals Applies problem-solving strategies to improve relations with others When managing others, shows traits such as compassion, listening, coaching, team development, and appreciation | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 2. Communicates effectively with others Examples of qualities and habits that the employee might exhibit include • Adjusts the communication approach for the target audience, purpose, and situation to maximize impact • Organizes messages/information in a logical and helpful manner • Speaks clearly and writes legibly • Models behaviors to show active listening • Applies what was read to actual practice • Asks appropriate questions for clarity | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| Collaborates with others Examples of qualities and habits that the employee might exhibit include Works effectively in teams with people of diverse backgrounds regardless of sex, race, ethnicity, nationality, sexuality, religion, political views, and abilities Shares responsibility for collaborative work and decision making Uses the problem-solving process to work through differences of opinion in a constructive manner to achieve a reasonable compromise Avoids contributing to an unproductive group conflict Shares information and carries out responsibilities in a timely manner | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |

| Employability Skills | | Rat | ting | |
|--|------------------------------|--------|--------|-------|
| Competency and Rating Criteria | Minimum Rating of 2 for EACH | | r EACH | |
| Competency and Nating Criteria | | Check | Rating | |
| Competency and Rating Criteria | Initial | Mid | Mid | Final |
| | | Year 1 | Year 2 | |
| 4. Maintains composure under pressure Examples of qualities and habits that the employee might exhibit include Uses critical thinking to determine the best options or outcomes when faced with a challenging situation Carries out assigned duties while under pressure Acts in a respectful, professional, and non-offensive manner while under pressure Applies stress management techniques to cope under pressure | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 5. Demonstrates integrity Examples of qualities and habits that the employee might exhibit include Carries out responsibilities in an ethical, legal and confidential manner Responds to situations in a timely manner Takes personal responsibility to correct problems Models behaviors that demonstrate self-discipline, reliability, and dependability | □1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | □2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | □3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 6. Performs quality work Examples of qualities and habits that the employee might exhibit include Carries out written and verbal directions accurately Completes work efficiently and effectively Performs calculations accurately Conserves resources, supplies, and materials to minimize costs and environmental impact Uses equipment, technology, and work strategies to improve workflow Applies problem-solving strategies to improve productivity Adheres to worksite regulations and practices Maintains an organized work area | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| Provides quality goods or services (internal and external) Examples of qualities and habits that the employee might exhibit include Shows support for the organizational goals and principles by own personal actions Displays a respectful and professional image to customers Displays an enthusiastic attitude and desire to take care of customer needs Seeks out ways to increase customer satisfaction Produces goods to workplace specifications | ☐ 1 | ☐ 1 | □ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | □ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | □ 3 | ☐ 3 |
| 8. Shows initiative and self-direction Examples of qualities and habits that the employee might exhibit include Prioritizes and carries out responsibilities without being told Responds with enthusiasm and flexibility to handle tasks that need immediate attention Reflects on any unsatisfactory outcome as an opportunity to learn Improves personal performance by doing something different or differently Analyzes how own actions impact the overall organization Supports own action with sound reasoning and principles Balances personal activities to minimize interference with work responsibilities | ☐ 1 | ☐ 1 | □1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | □2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | □3 | ☐ 3 |

| Employability Skills | | Rat | ting | |
|--|---|--------------|----------------------|--------|
| Competency and Rating Criteria | Minimum Rating of 2 for EACH Check Rating | | | r EACH |
| | Initial | Cneck Mid | <i>Kating</i> Mid | Final |
| Competency and Rating Criteria | IIIICIGI | Year 1 | Year 2 | |
| 9. Adapts to change Examples of qualities and habits that the employee might exhibit include Shows flexibility and willingness to learn new skills for various job roles Uses problem-solving and critical-thinking skills to cope with changing circumstances Modifies own work behavior based on feedback, unsatisfactory outcomes, efficiency, and effectiveness Displays a "can do" attitude | ☐ 1 | ☐ 1 | ☐ 1 | □1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | □2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | □3 |
| 10. Demonstrates safety and security regulations and practices Examples of qualities and habits that the employee might exhibit include Follows personal safety requirements Maintains a safe work environment Demonstrates professional role in an emergency Follows security procedures Maintains confidentiality | ☐ 1 | □ 1 | ☐ 1 | □1 |
| | ☐ 2 | □ 2 | ☐ 2 | □2 |
| | ☐ 3 | □ 3 | ☐ 3 | □3 |
| 11. Applies job-related technology, information, and media Examples of qualities and habits that the employee might exhibit include Applies technology effectively in the workplace Assesses and evaluates information on the job Assesses training manuals, website, and other media related to the job | ☐ 1 | ☐ 1 | ☐ 1 | □1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | □2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | □3 |
| 12. Fulfills training or certification requirements for employment Examples of this requirement may include Participation in required career-related training and/or educational programs Passing certification tests to qualify for licensure and/or certification Participation in company training or orientation | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 13. Sets personal goals for improvement | ☐ 1 | □1 | □1 | □1 |
| | ☐ 2 | □2 | □2 | □2 |
| | ☐ 3 | □3 | □3 | □3 |

OCCUPATIONAL COMPETENCIES (TO BE COMPLETED BY YA EMPLOYER/MENTOR)

Youth apprentices must earn a rating of at least "MEETS EXPECTATIONS" in each competency by the conclusion of the apprenticeship. Year 1: All 10 required competencies plus eight of the additional competencies. Year 2: All 10 required competencies plus sixteen of the additional competencies. At least two evaluations are required each year of a youth apprenticeship. More columns are included below for those who choose to conduct more frequent reviews.

| 1 | Working to Meet Expectations: Needs improvement; requires much assistance and supervision; |
|---|--|
| | rarely displays this behavior |
| 2 | Meets Expectations: Meets entry-level criteria; requires some supervision; often displays this |
| | behavior |
| 3 | Exceeds Expectations: Exceeds entry-level criteria; requires minimal supervision; consistently |
| | displays this behavior |

| | Occupational Competencies | | Rat | ings | | |
|----|--|-------------------|---|-------------------|-------------------|--|
| | Competency and Rating Criteria | Min | Year 1 Evaluation Minimum Rating of 2 EACH Check Rating | | | |
| | Competency and Rating Citeria | Initial | Mid | Mid | Final | |
| | | iiiiciai | Year 1 | Year 2 | 1 11101 | |
| 1. | Use standard precautions and infection prevention controls put on and dispose of appropriate personal protective equipment properly perform hand hygiene handle needles and sharp devices safely to prevent injury clean and disinfect areas and equipment according to facility policy handle linens and all equipment to minimize the spread of infection follow isolation procedures when needed safely dispose of bio-hazardous materials | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | □ 1 □ 2 □ 3 | |
| 2. | Change unoccupied bed linens remove soiled linens avoid contact of own body and clothing with the soiled items being handled contain soiled items per facility policy handle clean linens to ensures their cleanliness make bed as required | □ 1 □ 2 □ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | |
| 3. | Follow Individual Service Plan (ISP) locate and review the Individual Service Plan (ISP) for the client to be served implement active interventions and monitor interventions as required by worksite supervisor collect objective and subjective data if required report client changes to supervisor document interventions as required | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | |

| Occupational Competencies | | Rati | ings | |
|---|---|---------------|---------------|-------|
| Competency and Rating Criteria | Year 1 Evaluation Minimum Rating of 2 EACH Check Rating | | | ACH |
| | Initial | Mid Year 1 | Mid Year 2 | Final |
| 4. Report client changes identify client change - positive or negative such as vital signs including weight, mobility, behavior/mental status, safety, appetite, or life circumstances report changes to supervisor document client changes as required | □1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | □2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | □3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 5. Prepare client for service identify client introduce self provide privacy for the client explain procedure to the client re-approach client and obtain assistance as needed report/record relevant observations | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 6. Position client secure assistance, if needed, before beginning to move and turn client change client position on schedule or as needed for a procedure/care noting client safety and proper body mechanics. seek client input to determine their comfort with the position report/record client condition, reactions, and position change if needed make observations about condition of the skin ensure there are no skin-on-skin surfaces touching give skin care to potential or existing pressure areas | □1 | ☐ 1 | □ 1 | ☐ 1 |
| | □2 | ☐ 2 | □ 2 | ☐ 2 |
| | □3 | ☐ 3 | □ 3 | ☐ 3 |
| Ambulate client ensure client is wearing proper footwear secure assistance, if needed, before beginning to ambulate client follow guidelines for ambulating the client noting client safety and proper body mechanics assist to stand with assistive devices as needed assist with ambulation using a gait belt, walker, cane, or crutches encourage client to maintain good standing posture while ambulating remain alert to client condition and responses during ambulation report/record client condition, reactions, and ambulation | □ 1 | ☐ 1 | □ 1 | □ 1 |
| | □ 2 | ☐ 2 | □ 2 | □ 2 |
| | □ 3 | ☐ 3 | □ 3 | □ 3 |

| | Occupational Competencies | Ratings | | | |
|-----|--|--------------------------|---------------|---------------|-------------|
| | | Year 1 Evaluation | | | |
| | | Minimum Rating of 2 EACH | | | 4 <i>CH</i> |
| | Competency and Rating Criteria | | Check Rating | | |
| | | Initial | Mid Year 1 | Mid Year 2 | Final |
| 8. | Measure temperature, pulse, and respiration | □ 1 | □ 1 | □ 1 | □ 1 |
| | prepare the equipment for the procedure | □ 2 | □ 2 | 2 | □ 2 |
| | position client using proper body mechanics if necessary | | 3 | 3 | □3 |
| | measure temperature, pulse, respirations, according to protocol | | | | |
| | report/record reading(s) | | | | |
| | care for equipment according to protocol | | | | |
| | | | | | |
| 9. | Provide client comfort measures | □ 1 | □ 1 | □ 1 | □ 1 |
| | secure information from the client regarding the pain (location, | _ 2 | _ 2 | _ 2 | _ 2 |
| | intensity, duration) using a pain scale | | | | |
| | observe and recognize signs of unreported pain | | | | |
| | report type of pain, location, intensity, and duration | | | | |
| | provide comfort measure(s) to relieve pain as directed by supervisor | | | | |
| | report/record comfort measure applied and client response as | | | | |
| | required | | | | |
| | | | | | |
| 10. | Assist client with toileting | □ 1 | □ 1 | □ 1 | □ 1 |
| | position client using proper body mechanics if necessary | □ 2 | □ 2 | □ 2 | □ 2 |
| | place client on bedpan, at urinal, and/or assist client to commode | □3 | □3 | □3 | □3 |
| | noting client safety and proper body mechanics | | | | |
| | provide assistance as required by the client's condition | | | | |
| | provide perineal care after elimination is complete if needed | | | | |
| | wash moving front to back | | | | |
| | report/record relevant observations about client elimination | | | | |
| | clean and disinfect equipment | | | | |
| | dispose of contaminated articles as required | | | | |
| | | | | | |
| Con | nments: | | | | |
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ADDITIONAL OCCUPATIONAL COMPETENCIES (TO BE COMPLETED BY YA EMPLOYER/MENTOR)

Youth apprentices must earn a rating of at least "MEETS EXPECTATIONS" in each competency by the conclusion of the apprenticeship. Year 1: All 10 required competencies plus eight of the additional competencies. Year 2: All 10 required competencies plus sixteen of the additional competencies. At least two evaluations are required each year of a youth apprenticeship. More columns are included below for those who choose to conduct more frequent reviews.

| 1 | Working to Meet Expectations: Needs improvement; requires much assistance and supervision; |
|---|--|
| | rarely displays this behavior |
| 2 | Meets Expectations: Meets entry-level criteria; requires some supervision; often displays this |
| | behavior |
| 3 | Exceeds Expectations: Exceeds entry-level criteria; requires minimal supervision; consistently |
| | displays this behavior |

| Occupational Competencies Ratings | | | | |
|--|----------------|---------------------------------|-------------------|-------------------|
| Competency and Rating Criteria | Min | Year 2 Ev nimum Rat Check | | A <i>CH</i> |
| . , , | Initial | Mid Year 1 | Mid Year 2 | Final |
| Measure blood pressure prepare the equipment for the procedure position client using proper body mechanics if necessary take blood pressure report/record blood pressure reading(s) care for equipment according to protocol | □1 □2 □3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | □1 □2 □3 |
| Measure weight and/or height prepare equipment for the procedure set scale to zero for weight position client using proper body mechanics if necessary measure weight and height according to protocol report/record weight and height reading(s) care for equipment according to protocol | □1 □2 □3 | 1 2 3 | 1 2 3 | □ 1 □ 2 □ 3 |

| Occupational Competencies | | Rat | ings | |
|--|-------------------|--------------------------|-------------------|-------------------|
| · | | | /aluation | |
| | Min | Minimum Rating of 2 EACH | | |
| Competency and Rating Criteria | Check Rating | | | |
| | Initial | Mid | Mid | Final |
| 3. Transport client within facility | | Year 1 | Year 2 | |
| secure assistance, if needed, before preparing client for transporting transport clients by wheelchair noting client safety and proper body mechanics follow department/facility guidelines for entering an elevator, corridor or ramp remain alert to client condition and responses during transport remain with client until other staff take over responsibility for the client report/record client condition, reactions, and transport as required | ☐ 1 ☐ 2 ☐ 3 | ☐ 2 ☐ 3 | ☐ 2 ☐ 3 | ☐ 2 ☐ 3 |
| 4. Assist to transfer client secure assistance and or equipment as determined by the ISP encourage client to participate in transfer procedure as appropriate follow transfer procedure noting client safety and proper body mechanics seek client input to determine their comfort during and after transfer assist to attach/secure any safety devices or monitors to client report/record client condition, reactions, and transfer | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |
| Aid client with bathing or showering check water temperature before bathing have client check water temperature assist in determining client's ability to take a bath or shower safely give or assist with tub, shower, sponge bathing noting client safety and proper body mechanics follow "clean-to-dirty" principle when assisting with the bath remain nearby and alert to client 's condition and reactions report/record client condition, reactions, and bathing clean and disinfect equipment | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |

| Occupational Competencies Ratings | | | | |
|--|---|---------------|---------------|-------|
| Competency and Rating Criteria | Year 2 Evaluation Minimum Rating of 2 EACH Check Rating | | | ACH |
| | Initial | Mid Year 1 | Mid Year 2 | Final |
| Aid client with eating and hydration position client for the meal confirm the food is appropriate to a prescribed diet safely assist client with eating as needed following proper feeding protocol sit while assisting client assist with and/or clean client as needed report/record client eating patterns, fluid intake, problems and change as required | ☐ 1 | ☐ 1 | ☐ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | ☐ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | ☐ 3 | ☐ 3 |
| 7. Aid client with oral hygiene gently clean tooth surfaces, tongue, gums, cheeks using gentle motions safely give or assist with specialized oral hygiene care care for dentures report/record client condition, reactions, and oral care clean and disinfect equipment dispose of contaminated articles | ☐ 1 | ☐ 1 | □ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | □ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | □ 3 | ☐ 3 |
| 8. Aid client with grooming — dress and undress determine client's ability to assist with dressing/undressing safeguard the clothing and other belongings of the client offer client choice of weather appropriate clothing safely dress/undress client needing partial or total assistance report/record client condition, reactions, and clothing change handle soiled laundry as required | ☐ 1 | ☐ 1 | □ 1 | ☐ 1 |
| | ☐ 2 | ☐ 2 | □ 2 | ☐ 2 |
| | ☐ 3 | ☐ 3 | □ 3 | ☐ 3 |
| 9. Aid client with grooming — shaving determine client's ability to assist with procedure according to the ISP safely assist with shaving report/record client skin condition, reactions, and shaving procedure clean and disinfect equipment dispose of contaminated articles | □ 1 | □ 1 | □ 1 | □ 1 |
| | □ 2 | □ 2 | □ 2 | □ 2 |
| | □ 3 | □ 3 | □ 3 | □ 3 |

| Occupational Competencies | | Rati | ings | |
|---|---------------------------------------|-----------|-----------|-------|
| | Year 2 Evaluation | | | |
| Competency and Rating Criteria | Minimum Rating of 2 EACH Check Rating | | | |
| Competency and Nating Criteria | Initial | Mid | Mid | Final |
| | | Year 1 | Year 2 | |
| 10. Aid client with grooming — hair care | □ 1 | □ 1 | □ 1 | □ 1 |
| use client's personal care items and shampoos if preferred | □ 2 | ☐ 2 | □ 2 | □ 2 |
| style the client's hairassist the client in shampooing hair | □ 3 | □ 3 | □ 3 | □ 3 |
| meet the client's needs for comfort while giving hair care | | | | |
| report/record client hair and scalp condition, reactions, and | | | | |
| hair care | | | | |
| clean and disinfect equipment | | | | |
| dispose of contaminated articles | | | | |
| 11. Aid client with grooming — nail care | □ 1 | □1 | □1 | |
| follow facility policy for trimming nails | | 2 | | 2 |
| safely clip nails if order indicates | 3 | □ 3 | 3 | 3 |
| report/record client nail, hand, foot condition, reactions, and reil band foot save. | | _ | _ | |
| nail, hand, foot care clean and disinfect equipment | | | | |
| dispose of contaminated articles | | | | |
| | | | | |
| 12. Maintain inventory of supplies and/or equipment | □ 1 | □ 1 | □ 1 | □ 1 |
| follow procedure for inventory of supplies, equipment, and/or medications | □ 2 | □ 2 | □ 2 | □ 2 |
| monitor minimum quantities (par level) | □ 3 | □ 3 | □ 3 | □ 3 |
| report expired, discontinued, damaged, and/or missing supplies | | | | |
| immediately to worksite professional | | | | |
| straighten and clean shelves | | | | |
| assist with removal and disposal of expired, damaged, and/or | | | | |
| recalled items as required or directed • store and stock items appropriately | | | | |
| store and stock items appropriately | | | | |
| 13. Care for clients with a urinary catheter | □ 1 | 1 | 1 | □ 1 |
| provide for client comfort | □ 2 | □ 2 | □ 2 | □ 2 |
| cover collection bag shange bags according to facility protects. | □ 3 | □ 3 | □ 3 | □ 3 |
| change bags according to facility protocol clean the bag | | | | |
| Great the bag | | | | |
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| Occupational Competencies | | Rati | ings | |
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| Competency and Rating Criteria | Min | Year 2 Evaluation Minimum Rating of 2 EACH Check Rating | | |
| , , , | Initial | Mid | Mid | Final |
| | | Year 1 | Year 2 | |
| Verify the required elements of the medical order, if applicable for services ascertain the time required for the health service(s) required by the client refer client to worksite professional or guidelines for priority scheduling to address emergencies and/or urgent care identify conflicts in schedule and those of the client's schedule assist in recommending resolution to scheduling conflicts confirm client and the department/facility have the identical appointment information enter appointment times and other required information prepare an appointment card if client is present document any scheduling change in the correct locations document status of the appointment: late, no show, rescheduled, cancelled, etc. | 1 2 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 2 ☐ 3 |
| Measure pulse oximetry prepare the equipment for the procedure position client using proper body mechanics if necessary apply pulse oximeter to thin part of client's body- ear lobe, fingertip or across foot for infants connect oximeter to monitor if applicable report/record readings | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |
| Measure blood sugar prepare the equipment for the procedure position client using proper body mechanics if necessary perform finger stick report/record readings | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |
| 17. Instruct clients in collection of specimens explain instructions for specimen collection in plain language respond to client questions accurately within scope of their job role OR refer to worksite professional collect specimen noting client safety and standard precautions accurately label specimen complete document for collecting specimen | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |

| Occupational Competencies | | Rati | ings | |
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| | | Year 2 Ev | _ | |
| | Minimum Rating of 2 EACH | | | |
| Competency and Rating Criteria | Check Rating | | | |
| | Initial | Mid | Mid | Final |
| | | Year 1 | Year 2 | |
| 18. Provide client skin care | □ 1 | □ 1 | □ 1 | □ 1 |
| pay special attention to bony prominences and other areas | □ 2 | □ 2 | □ 2 | □ 2 |
| subject to pressure ulcers | □3 | ☐ 3 | □3 | □3 |
| report/record any skin breaks or discolorations, reactions, and | | _ | | |
| skin care | | | | |
| check working condition of equipment (i.e. air mattresses, tubes had alarms) | | | | |
| tubes, bed alarms) | | | | |
| change linens and incontinence products as needed | | | | |
| 19. Apply non-prescription topical medications | □ 1 | □ 1 | □ 1 | |
| confirm non-prescription topical application is on the | | □ 1 | □ 1 □ 2 | □ 1 |
| medication administration record | | | | _ |
| follow the "rights" for administering medication | ∐3 | ∐ 3 | ∐ 3 | ∐ 3 |
| position client using proper body mechanics if necessary | | | | |
| apply topic medication as required | | | | |
| report/record the appearance of the skin and the | | | | |
| reaction/response of the client following the procedure | | | | |
| store medication appropriately | | | | |
| 20. Prepare and/or serve food | | | | |
| consult the dietary plan for the client | | ∐1 □- | <u></u> | ∐1 |
| obtain order for meal from client or meal information from the | <u> </u> 2 | <u></u> | <u></u> | ∐ 2 |
| diet plan including fluids | □ 3 | ∐ 3 | □ 3 | ∐ 3 |
| place order for meal if designated | | | | |
| assist to prepare meal if needed | | | | |
| ensure meal is processed as appropriate for client ability | | | | |
| (chopped, cut, pureed, etc.) | | | | |
| plate meal items ordered by client or by dietary plan | | | | |
| deliver meal to client ensuring hot food remain hot and cold | | | | |
| food remain cold | | | | |
| determine if assistance is needed for eating | | | | |
| monitor food intake and record as required | | | | |
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| Occupational Competencies | Ratings | | | | |
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| Competency and Rating Criteria | | Year 2 Evaluation Minimum Rating of 2 EACH Check Rating | | | |
| | Initial | Mid | Mid | Final | |
| 24 Duraido estama esta | | Year 1 | Year 2 | | |
| 21. Provide ostomy care remove pouch safely empty and measure the drainage if output is to be saved for a specimen clean the skin and stoma dry the area completely attach a new pouch or clean the reusable pouch according to manufacturer instructions report/record observations about ostomy system, stoma, and the characteristics of the discharge clean and disinfect equipment dispose of contaminated articles | ☐ 1 ☐ 2 ☐ 3 | ☐ 2 ☐ 3 | □1 □2 □3 | ☐ 2 ☐ 3 | |
| 22. Give bed bath check water temperature before bathing have client check water temperature give bed bath noting client safety and proper body mechanics allow client to assist with bathing, as appropriate follow "clean-to-dirty" principle during bath make observations relative to client's condition and reactions report/record client condition, reactions, and bath clean and disinfect equipment | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | |
| 23. Apply TED (anti-embolism) stockings and/or tubi-grips turn stocking inside out place foot of sticking over toes, foot and heel pull top of stocking over foot, heel and leg pull stocking up leg gently avoiding force and over-extension of joints | □ 1 □ 2 □ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | □1 □2 □3 | |
| 24. Assist with care of client with dementia obtain the client's attention before speaking address the client by name approach the client slowly from the front and at the same level use a calm, low pitched tone of voice speak clearly and distinctly; do not rush break tasks into clear, simple steps one at a time use non-verbal appropriately re-approach client as needed | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | □ 1 □ 2 □ 3 | ☐ 1 ☐ 2 ☐ 3 | |

| Occupational Competencies | Ratings | | | |
|--|---------------------------------------|-------------------|-------------------|-------------------|
| | Year 2 Evaluation | | | |
| | Minimum Rating of 2 EACH Check Rating | | A <i>CH</i> | |
| Competency and Rating Criteria | Initial | | _ | Final |
| | Initial | Mid Year 1 | Mid Year 2 | Final |
| 25. Use isolation techniques | □1 | | | □ 1 |
| gather food, equipment, and supplies needed for giving care in the isolation unit put on gown, gloves and/or mask as required by the type of isolation used for this client transfer food, equipment, and supplies into the isolation unit provide care for the client according to guidelines noting Standard Precautions | ☐ 2 ☐ 3 | ☐ 2 ☐ 3 | □ 2 □ 3 | ☐ 2 ☐ 3 |
| give client extra attention to help offset the client's feelings of abandonment transfer soiled linen, contaminated equipment, and trash out of the isolation unit as required and per Standard Precautions remove contaminated gown, gloves and/or gloves without contaminating self or clean areas | | | | |
| 26. Apply first aid and choking emergency procedures (simulation) role play how to establish unresponsiveness role play how to control bleeding identify the steps to follow in a medical emergency situation explain when to call 911 role play how to treat a choking person role play how to control the bleeding of a wound | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |
| 27. Respond to emergency situations as a Resident Aide identify the emergency situations (i.e. elopement, fire, weather, need for law enforcement) contact emergency care or designate someone to get help give appropriate immediate care to the injured client apply principles of client safety, proper body mechanics, and standard precautions explain the fire and disaster plan | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 |
| 28. Assist with post-mortem care care for body with respect and dignity, including the maintenance of privacy clean and prepare body as required prepare the body for final viewing by the family demonstrate respect and understanding in dealing with the grieving family care for client's valuables and belongings remove used equipment, supplies, and linens from the client care area | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | ☐ 1 ☐ 2 ☐ 3 | □ 1 □ 2 □ 3 |

| Occupational Competencies | | Rati | | |
|---|--------------------------|------------|------------|------------|
| | | Year 2 Ev | /aluation | |
| | Minimum Rating of 2 EACH | | | |
| Competency and Rating Criteria | Check Rating | | | |
| | Initial | Mid | Mid | Final |
| | | Year 1 | Year 2 | |
| 29. Practice safe medication storage and administration | □ 1 | □ 1 | □ 1 | □ 1 |
| follow safe administration practices | □2 | □2 | □ 2 | □2 |
| document medication administration | | | | □ 3 |
| follow requirements for handling and storage of medications | | | | |
| including controlled substances | | | | |
| follow proper procedure for reporting medication errors | | | | |
| | | | | |
| 30. Lead a client activity | □1 | □ 1 | □ 1 | □ 1 |
| select appropriate activity for client | | | 2 | 2 |
| set up activity for group or client | | □ 2 | □2 | □3 |
| Invite and transport clients to activity | 3 | 3 | ა | յ ₃ |
| direct activity | | | | |
| clean up activity | | | | |
| record participation as required | | | | |
| . coor a participation as required | | | | |
| Comments: | | | | |
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